



EAST LODDON P- 12 COLLEGE PARENT NEWSLETTER

TELEPHONE -03 54368300 FAX -03 54368321 E-mail: east.loddon.p12@edumail.vic.gov.au
College Website: <http://eastlodd12.vic.edu.au/> Principal's Blog: <http://stevenleed.edublogs.org/>
School Councillors : Richard Hicks, Darren Welsh, Micheal Lawry, Ash Davis, Jodie Demeo, Steve Leed, Scott Wilkinson, Andrew Cameron, Laura Muller, Nicole Hocking, Natalie Rose, Lynda Cartwright.

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Our College respectfully acknowledge the Traditional Owners of Country throughout Australia and pay our respects to the ongoing living culture of Aboriginal people



Newsletter No 33

Date: 26th October 2017

Dates for Your Diary

OCTOBER

27th Year 12's Morning tealast day.

State Athletics

Girls Leadership Program Forum. (some Year 7's)

30th Cows Create Careers Program begins
Yr's 2-5 German Puppet Theatre

31st Grandparent's Special Friends day

NOVEMBER

1st—3rd Year 8 Camp

Year 12 English Exam

2nd VCE Psychology Exam

Unit 2 Chemistry Excursion La Trobe Uni

3rd VCE Biology & Further Maths exam 1

6th VCE Further Maths Exam 2 & Business Management Exam

From the Principal

Today's Aths Sports

I am going to jump right ahead here and make the prediction that today's sports are going to be wonderful yet again! Although I write this before the event has even taken place, I have a great deal of faith in the fact that our students represent themselves and the College really well on day's such as today, with the huge majority participating at a very pleasing standard and striving to do their best.

It was a real shame that our P-12 Sports Co-ordinator Mr Young was unable to attend the day due to illness, but I am sure that the community would have noticed some subtle changes to the day, of which I hope you all were impressed with. Mr Young has been laid-up in hospital for quite a few days now after some 'appendix trouble' and we send our best wishes to him for a speedy recovery.

I would like to make special mention of Ricky Wright, who along with Henry Lacey and Nathan Hocking have done a great job in getting our aths area ready for the day. In the absence of Mr Young, we have had a great deal of time and effort placed into the planning and organisation of today, with so many staff doing so much to help. Thank you to you all!!! Thanks are also extended to all students who assisted in any way, and once again to Mr Charlie Matarazzo, who donated his time and effort in delivering 22 tonnes of sand for the jumping pits.

Without the tremendous input of so many different people, days such as this are not able to run!

Farewell Year 12's!

Our Year 12 students finish up classes tomorrow and will have a short celebration in Bendigo to bring the day to a close. The Year 12 class are a terrific group! They have been a joy to teach throughout the years and have set a wonderful example for the younger students in the College. Although we say farewell to the class, we will once again welcome them back with open arms when they return for their exams and we wish them all of the very best for this important time of the year!

Fantastic Effort Keira!



Another Kettlebell champion has been unearthed with Keira L attending an event in Bendigo last weekend in which she lifted 8kgs for a whopping 388 repetitions in 30 minutes. This was part of an IKMF Kettlebell Half-Marathon, and like Georgia who featured last week, Keira was introduced to the sport of Kettlebell lifting by College staff member Mrs Hayley Lethlean. We are really proud of Keira's efforts and wish her all the very best for the future. Maybe we will have another world champion sometime in the not-too-distant future?

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CFA Training Day

On Sunday the College was the scene of a hive of activity with 9 local fire brigades taking part in some emergency drills on College grounds. Our local CFA volunteers were under the expert tutelage of Brian Suckling who is an Operations Manager in Bendigo, and the day was very interesting to be involved in. In basic terms, I walked all volunteers around the College, stopping at various points so that members could discuss scenarios and emergency management plans. CFA members then took part in a range of drills on the College grounds before enjoying a BBQ for lunch.



Thanks To Those Who Attended Saturday's Turkish Trip Fundraiser

A big thank you is extended to the many community members who were able to attend the Marney McQueen Turkish Trip Fundraiser at Serpentine last Saturday evening. We were very keen to bring something a little different to the local area and the level of support shown for the cause was amazing. Special thanks go to the Stringer family for their organisation of the event, and all students travelling to Turkey in 2018 for their efforts both on the night and in the lead up to the event.

Lady Sultan Turkish Takeaway in Bendigo have become our major sponsor after an amazing level of generosity was once again shown for our cause, and without the generous sponsorship and donations we have received, a trip such as ours would be unaffordable to most. We very much appreciate the support of the following businesses and individuals –

Platinum (Over \$1000) – Lady Sultan Turkish Takeaway and TastePoint.com

Gold Level (\$500 - \$1000) – Wizartry Signs, CentaVic Clothing, Inspired By Travel, Pam & Keith Lawry/Bill & Gwen Twigg, ProSanding Timber & Concrete, Thomas Transport, Bridgewater Bakehouse, BencourtCARE, Bendigo Community Bank (Elmore, Lockington, Rochester)

Silver Level (\$250 - \$500) – McKean McGregor, Rochester Vet, Windridge Security Doors and Fences

Bronze Level (Up to \$250) – Parmalat, Bill & Gwen Twigg, David Lakeman, Nick Marlow, Brad & Sue Cail, Trevor & Jan Clymo

Interested in Completing a First Aid Course at the College?

In recent years the College has hosted a first aid course for senior students, staff and interested community members. We are looking into the possibility of doing this again towards the end of the year, but would require at least 16 participants if this was to take place. The course would run for the best part of a full day and would cost approximately \$150. If you would be potentially interested in being part of this course, please contact the College office to express interest asap.

Piano Lessons At The College

Irina V currently has some placements available for any student who would like to undertake private piano lessons at the College on a weekly basis. Learning an instrument can be a very rewarding thing for people of all ages, with school-aged children often greatly benefiting from these sessions. If you are at all interested in your child taking part in these lessons or if you would like more information, please make contact with the College Office.

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Private Speech Sessions

Availability will shortly open up for another 2 students of kinder or school age to undertake private speech sessions with Laura-Jane of Talk It Up Speech Pathology. These sessions take place at the College on a fortnightly basis, assisting families in accessing this much sought after service, and preventing the need to take a full day off school to attend an appointment in Bendigo or Echuca. Laura-Jane has established a tremendous rapport with all students who currently attend sessions, and the positive results gains that have been noted with current students have been most positive.

If this service is something that you would like to know more about, please do not hesitate to make contact with our College office, or alternatively you may wish to talk directly with Laura-Jane on 0438 006 445.

Feel free to also take a look at Talk It Up's website - <http://www.talkitupbendigo.com/>

Change To Reporting In 2019

For the first three terms of 2017 a small group of staff have been looking into the possibility of moving to an ongoing reporting system in an effort to provide parents and guardians with timely feedback on student progress and efforts. The work undertaken has involved an audit of current reporting structures, studying of various reporting systems, visits to other providers of education and presentations of available reporting systems by service providers. College Council have discussed ongoing reporting at length and last night approved the implementation of ongoing reporting through 'Compass', to start in 2019 across the entire College. A small number of staff will use Compass in 2018 before assisting with whole school implantation in 2019.

More details around the shift to ongoing reporting in 2019 will be forwarded to families in the future.

Hope to see you at the sports today!

Steven Leed
College Principal

Parent's Association News

P.A. AGM

Tuesday, 14th November 2017 at

Tania Twigg's, Lagoon Road, Bears Lagoon

Starting at 9.30am

There are office positions available on the committee.

If you are interested, please phone Leanne to discuss.

An option to consider is a shared role which might help with time management and availability when one is busy elsewhere. All welcome.

31.10.17 Grandparents/Special Friends Day for P-4 Sub School

This event is scheduled for Tuesday 31st October from 8:45 am until 11:30 am.

Please contact **Hannah Tweed on 0419 468 660** for more information. Hannah will be at the school next Tuesday morning, 24th October to collect any donations of cooking which can be frozen in readiness for the morning tea organised.

Thanks everyone for supporting this special day.

Leanne Welsh President 03 5436 6281 or 0447 689 309 welsh600@gmail.com

Kaeler Grigg Secretary 0448 632 780 kaelergrigg@hotmail.com

P-4 Sub-School

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P-4 Update

Building Strong Foundations



Student of The Week

Prep—Zali for her fantastic reading and willingness to help others.

Year 1—Angus for trying hard with his reading and writing.

Year 2—Angus for the respect he shows everyone and for his responsible attitude.

Year 3—Brayden for being helpful, kind and hard working.

Year 4—Ebony for fantastic work in class.



You Can Do It! Confidence

Prep—Travis

Year 1—Teagen

Year 2—Harrison

Year 3—Colin

Year 4—Tyler



Reading Clubs

250 Nights of Reading	Y4- Chloe and Marley Y3-Oliver and Tori Y2-Kyen and Kiara Prep-Lucy
225 Nights of Reading	Y4-kathleen and Fynn Y3-Hayley and William Y2-Jake Y1- Archer and Angus Prep-Travis
200 Nights of Reading	Y4-Macey Prep-Lucas
175 Nights of Reading	Y3-Logan Y2-Matilda



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Prep Sounds in Focus

The focus sounds are the 'ar' as in star and the 'oa' as in 'boat. The latter sound is also created through the 'ow' as in 'row'.

Prep Words To Fluency

The phrases/ words being reinforced relate to the Mental Health week theme and are 'be happy'

Prep Reading Buddies Farewelled.

This morning the Year 12 buddies came into the classroom and it was their last day so we made them a card and gave them a stress ball that would distract them so it would make them feel better, not nervous.

By Jess. Prep



Grandparents/ Special Friends Morning

We have had an outstanding response to the invitation (approximately 100 adults) and we thank you for helping to get the invitations circulated. If you are aware of someone who dearly wants to celebrate the morning with us, please give them a phone call. We don't want anyone missing out. We also thank the Parent's Association for their initiative and hard work. Remember, your Parent's Association is always looking for active members to share the load, and the excitement of making a real difference.

Assembly Happenings

At our assembly on Friday the Year 1 /2 Science group (who have been learning about the age of the Dinosaurs) showed their models and talked about the protective plating that covered some dinosaurs. "We had fun making them and learning about dinosaurs" said Ruby C. Y1.

Peter Vernon
P-4 Sub-School Leader

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Our Middle Years Newsletter has changed! All teachers have begun to communicate with parents regularly via a program called Bloomz rather than updates in the school newsletter.

If you are a Middle Year's parent and have not joined Bloomz, please contact your child's homeroom teacher.



Some general Middle Years information will still appear in the newsletter occasionally.

Middle Years Captains Report



This week on Monday lunch time we had the 800m run then on Tuesday we had the 1500m run. All the classes are preparing for the athletics on Thursday. From Monday until Wednesday a few of the Year 5's had a Kids Teaching Kids Conference in Melbourne—see the photo below. The Year 7's have been reading to the Year 4's and the Year 8's are preparing for next year in the senior sub-school. We hope you all have a great weekend.

Oscar and Zoe

Kids Teaching Kids Conference



App recommendation



Elevate is a “brain training” app that has a strong literacy/numeracy focus, allowing users to complete short games to improve such areas as punctuation, spelling and percentage. It's fun, and free.

Deutsche Nachrichten

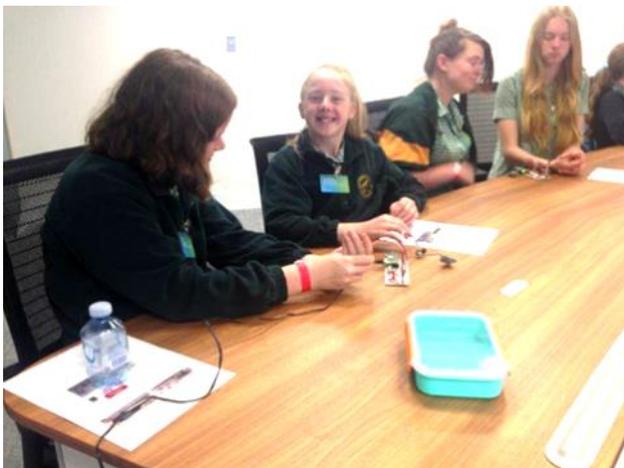
Klasse 5 and 6 enjoyed themselves at the German Day at the Bendigo Art Gallery. They performed the Kleiderkauf song well and the actions which the shop assistant and buyer did, got some laughs from the other students. Which was good. WIN News was there and some of the East Loddon were seen in the news report. The students ate their Pretzels and Knoppers without hesitation. Klasse Preps are well on their way to completing their Papagei mobile. Klasse 2/3 have drawn some very interesting Wilde Tiere with Kleidung. Their sentences are also interesting. Ever seen a Giraffe wearing a Hut and Schlafanzug (PJ'S)? Klasse 8 are well on their way to completing their Oktoberfest task. These will be displayed in the Office when they are completed.



Annette Burgstett
German Co-ordinator

Power To Engineering Excursion

On Wednesday 25th October, Alia, Sam, Zoe L and Sharnie travelled to Melbourne to participate in the Power of Engineering workshop. This workshop was sponsored by Telstra and provided an opportunity for girls to find out more about electrical, software and communications engineering. The day started with a panel of female engineers ranging from a first year graduate to a General Manager and they shared some of their experiences and benefits of working as an engineer. Then we got to try out some different activities, such as coding in Python to make turtles race, using a Raspberry Pi to wirelessly display temperature and heart rate data, experiencing different aspects of virtual and augmented reality, and communicating in Morse code by blinking lights. The girls worked really well in these activities and scored quite a few Gummi Bear prizes, as they were able to build on previous experiences from Digital Technology and other excursions to La Trobe. I also found it really interesting to hear about some of the different projects that were being worked on, especially the 'Internet of Things'. A huge thanks to Telstra for providing the travel and workshop free of charge, and all the parents who got the girls to and from the train station despite the very early start and late finish.



Senior Sub-School News!

Tips for parents to help with exams, revision and study

Involve yourself . . . but not too much. Sometimes, parents think it best to leave their children alone during final year exams study period; why add to their stress levels? Unfortunately, this well-meaning sentiment may do more harm than good. When parents are completely absent from the study process, children may feel overwhelmed, isolated, and ultimately unable to effectively learn material.

The answer, however, is not to over-involve yourself. When parents control study and solve problems for their children, learning also suffers. The key is to focus on helping your children stay motivated and positive during studying. Be your child's sounding board, let them summarise ideas for you, and help them recall material by quizzing them. Done in a loving and supportive manner, this will help create a calm and safe environment that can diminish study stress and boost exam performance.

Help construct a schedule

Help your child develop a study schedule that is easy to adhere to and effective. A common schedule involves, each night, studying one subject for 20 minutes, taking a 5-10 minute break, then studying a different subject for 20 minutes. By helping your child develop and stick to a clear routine (without nagging), you will not only improve their self-efficacy and sense of agency, but also their learning.

Embrace error

Errors, blunders, stuff-ups...this is how we learn. Each mistake serves as a clear signpost to guide us down the learning paths we most need to travel. As you help your child study, embrace each error they make. The more mistakes they make now (and the less judged they feel), the fewer mistakes they will make come exam time.

Model perspective

Are final school year exams important? Absolutely. Are they all important? Absolutely not.

How you discuss the upcoming exams with your child will largely influence how they come to interpret them.

If you put undue pressure on results, so too will they. If

you completely ignore the exams, so too will they.

Help your child develop a healthy perspective by assuming and modelling a healthy perspective yourself. They certainly need to understand that you deem these exams important - but it's equally important they understand that you recognise there is more to life than a test score.

This information was borrowed from, Tips and tricks to boost your Year 12 scores, Study smarter not harder, with tips for students and parents from an educational neuroscientist. By Dr Jared Cooney Horvath, University of Melbourne.

Year 12 students were also provided with a copy of this article promoting ideas for students too.

Year 12 last day

Officially Year 12 classes finished yesterday. We have experienced an interesting fashion parade of clothing this week. I am wishing the Year 12's safe fun tonight and I look forward to our morning tea together tomorrow (10:40-11am in the Year 12 room). Year 12 students, staff and parents/guardians welcome to attend. Notices were distributed to students on the first day back of term.

Year 10 & 11 Exam Timetables

I plan to distribute these to students tomorrow in our assembly. I have attempted to spread the exams across the week of Monday Nov 20th to Friday Nov 24th. Please ask your son/daughter for the information.

Year 9 & 10 Electives for 2018

During our sub-school assembly tomorrow students will receive a booklet with information outlining elective options for 2018. Students will also have the opportunity to participate in a presentation during our assembly regarding these electives.

Thanks for your time, to anyone that has helped me this week thank you very much. I appreciate your kindness.

Sarah Byrne
Senior Sub-school Leader

Victorian Community History Award

The Year 9 and 10 classes and Mrs Clare recently nominated for the 2017 Victorian Community History Awards in the Multimedia category. Since last year, we have worked on the East Loddon Remembers project, digitising the stories of WWI soldiers and nurses from the East Loddon District.

We were thrilled to be shortlisted in our category. This is an amazing achievement, particularly when you consider that overall, there were 148 entries.

The East Loddon and District Historical Society have given us time, support and resources for which we are very grateful. This project will hopefully continue for years to come, so stay tuned!

You can view the website by going to www.eastloddonzacs.com



KFC – Kids Friday Club Term 4 2017

KFC is coming up soon....for all children in Prep-Yr6. If your children would like to come along they are most welcome. If they haven't been before there are consent forms at the office and a KFC Newsletter will be distributed in the next couple of weeks with more information and a bus note.

KFC dates for Term 4 are – Nov 10th, 17th, 24th and Dec 1st.

We then have our Community carols evening which doubles as a KFC breakup on Sunday Dec 3rd at the Dingee Hall. More info later.

Contacts for enquiries: Robyn Falls 0429368242, Wendy Twigg 54368264 or Judy Mountjoy 04288379222 or Leanne Welsh 0447689309

K.F.C

Food Allergies:

2017 CONSENT FORM

Please contact Robyn, Judy or Leanne regarding any food allergies your child may have that need to be recognised in a shared afternoon tea or during activities/crafts.

Attendance & Medical permission

We/I give permission for our /my child/children listed below to attend Kids Friday Club.

I/we also give permission for the volunteers who coordinate and help at K.F.C to seek medical treatment for my/our child/children if they unable to contact me or the other emergency contact.

Child.....

Allergy.....

Name of Child: _____ Year level _____ Age _____

Treatment.....

Name of Child: _____ Year level _____ Age _____

Name of Child: _____ Year level _____ Age _____

Emergency contact numbers during the times of 3:20 – 5pm

Parent/ Guardian Name: _____ Phone _____ mobile: _____

2nd emergency number Name: _____ Phone : _____ mobile: _____

Date: _____

Parent / Guardian name: _____ Parent / Guardian signature: _____

Media consent

We /I give permission for our/my child/children listed above have their photo/photos taken while they are participating in the after school K.F.C program and also give permission for these photo/photos to be published in the school newsletter and local community newsletter as so desired by K.F.C.

KFC does not use any photographs on the internet.

Date: _____

Parent / Guardian name: _____ Parent / Guardian signature: _____

KFC Coordinators & Helpers for 2017

Robyn Falls Judy Mountjoy

Val Smith Leanne Welsh Wendy Twigg Miranda Smith Anne Baker Lorna Falls

Amy Mountjoy Denise Last Hilary Thomas Jess Baker

IF YOU HAVE ANY ENQUIRES ABOUT KFC PLEASE CONTACT ROBYN FALLS ON : 0429368242, LEANNE WELSH 54366281 OR JUDY MOUNTJOY ON 54379222

MENTAL HEALTH WEEK FUN!

Following the Loddon Youth Health Expo, which was conducted to kick start Mental Health Week initiatives, the Wellbeing Team has continued with a series of activities throughout this week at the College.

Lunchtime Games

This was co-ordinated by Tom Ferguson and was a huge success with students enjoying a variety of games on the Central Lawn during Monday lunchtime. Fun and participation were the key aspects with points awarded to those involved and their respective houses. Races included; the Mat Race, the Dizzy Head Bat Race, the Water Bucket Race and unfortunately we ran out of time for the Egg Throw (with real eggs). Janelle from Bunnings attended the College on Tuesday morning to distribute the participation prizes that were generously donated by Bunnings to the delight of the students.



Staff Ripple Kindness

During this week, Staff were invited to do something kind for a colleague. This is in a similar style to Kris Kringle where they drew a name from a hat. This has led to a lot of fun and guessing.

Sunshine Breakfast

The Sunshine Breakfast was a bright and colourful affair on Tuesday morning in the Yellow and Blue colours that signify Mental Health Week (Mr Wilkinson was impressed and pointed out that they are also Golden Square FC colours). Sponsorship was kindly provided by the Loddon Healthy Minds Network and Loddon Shire.



Warm Fuzzies for Students

During the week, students were provided with a lolly-pop and a piece of paper where they could write a positive/encouraging message/picture for another student. These were distributed on Friday morning in Home group.



Canteen News

TERM 3			NOVEMBER		
Friday 27th	Kaeler Grigg	Natalie Rose	Monday 13th	Margaret Hocking	
			Tuesday 14th	Karen Pascoe	
Monday 30th	Margaret Hocking		Wednesday 15th	Sue Pickles	
Tuesday 31st	Sue Pickles		Thursday 16th	Sue Pickles	
NOVEMBER			Friday 17th	Brian Duffy	Yoli Humphries
Wednesday 1st	Karolyn Campbell	Cheryl Green			
Thursday 2nd	Sue Pickles	Julie Hall	Monday 20th	Belinda Clymo	
Friday 3rd	Toyah Ketterer	Lynda Cartwright	Tuesday 21st	Sue Pickles	
			Wednesday 22nd	Nicky Lawry	
Monday 6th	Lisa Twigg		Thursday 23rd	Sue Pickles	
Tuesday 7th	Melbourne Cup Holiday		Friday 24th	Miranda Smith	Natalie Rose
Wednesday 8th	Sue Pickles				
Thursday 9th	Sue Pickles				
Friday 10th	Mel Primrose	Leanne Welsh			

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30th Years 2-5 German Puppet Theatre Yrs 8 & 9 Cows Create Careers begins	31st P-4 Grandparents/ Special Friends Day	1st NOVEMBER VCE English Exam Year 8 Camp Melbourne begins	2nd VCE Psychology Exam Year 8 Camp Melbourne	3rd VCE Biology and Further Maths Exam 1 Year 8 Camp Melbourne returns	4th	5th
6th VCE Further Maths Exam 2 VCE Business Management Yr 7/8 La Trobe Uni Partnership incursion	7th Melbourne Cup Holiday (Student Free)	8th VCE Maths Methods Exam 1	9th VCE Maths Methods Exam 2 VCE Physical Education	10th VCE Health & Human Exam VCE Accounting VCE History P-4 ANZAC story Incursion Kids Friday Club	11th	12th
13th Year 5/6 Canberra Camp Begins	14th VCE Chemistry Exam VCE Visual Communication & Design P-4 Echuca Excursion Parent's Association AGM Tania Twigg's Bears Lagoon 9.30am	15th VCE Physics Exam VCE Legal Studies Exam	16th	17th Year 5/6 Canberra Camp returns Year 12 Valedictory Dinner KFC	18th	19th
20th Year 10/11 Exams	21st Year 10/11 Exams	22nd Year 10/11 Exams	23rd Year 10/11 Exams	24th Year 10/11 Exams KFC	25th	26th