**Respect - Resilience - Responsibility - Relationships**

**Whats Happening**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Friday 7th February</td>
<td>Yr 9/10 Swimming Program</td>
</tr>
<tr>
<td>Monday 10th February</td>
<td>P-6 Swimming Program begins</td>
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</tbody>
</table>
| Tuesday 11th February | P-6 Swimming Program  
Parents Association Meeting 1.30pm Everyone Welcome |
| Wednesday 12th February | Prep rest day, Yr 7/8, 9/10 Swimming Program  
Yr 9/10 Innovative Farming Excursion |
| Thursday 13th February | P-6 Swimming Program  
Murray Malley Chemical Training Course |
| Friday 14th February | P-6 Swimming Program  
Murray Malley Chemical Training Course |
| Monday 17th February | P-6 Swimming Program                                                  |
| Tuesday 18th February | P-6 Swimming Program                                                  |
| Wednesday 19th February | P-6 Swimming Program                                                  |
| Thursday 20th February | P-6 Swimming Program                                                  |
| Friday 21st February | P-12 Swimming Carnival                                                 |

**From the Principal**

Water Safety Program

Many thanks to the parents and friends who have been able to commit some time to assist a group of students in the Prep to Year 6 water safety program. We are, however, still in need of a few more volunteers to ensure that we have the right ratios of instructors and students to conduct the program in the safest possible manner. If you are able to assist with the following sessions, please consider being involved:

- Session 1 with Year 3 and Year 6 from 11:00 – 12:15 on any day
- Session 2 with Year 1/2 and Year 4 from 12:15 – 1:30 on Tuesday 11th or Monday 17th
- Session 3 with P/1 and Year 5 on from 1:30 - 2:45 Monday 10th, Tuesday 11th, Friday 14th or Monday 17th

If we are unable to find enough volunteers, it is possible we may have to modify the program which would reduce the amount of instruction for students so please consider being involved if you can find the time. Confirmation slips will be sent home tomorrow to all parents who have volunteered to confirm the days and times of attendance.

While there have been some recent concerns about the water supply in Mitiamo, assurances have been provided by Coliban Water that the water available to the pool will be safe for recreational use and will continue to be managed to the usual health and safety standards by pool staff.

School Council

School Council will meet next week on Wednesday night while nominations for the 2014 council remain open until Friday February 21. There are three parent vacancies and three DEECD employee vacancies for which nominations are invited. If you are interested in nominating, please contact the College to arrange to have the appropriate paperwork sent home. For the formation of the 2014 council, it is possible to nominate yourself without needing the endorsement of another parent.
**Active After School Communities**
We are fortunate to be able to offer Tennis as the activity for this term starting on Thursday February 13 from 3:30 to 4:30 pm. This will be conducted by coaches from the Bendigo Tennis Association. There is no cost to be involved and all equipment will be supplied. The only obligation for parents is to provide transport home at the end of the session. If you are interested in being involved, please return the tear off slip contained later in the newsletter.

**Piano lessons**
Private piano lessons will continue to be available during 2014. Students from absolute beginners through to those who already know how to play a bit can benefit from the tutoring of Ms Irina Vorontsova, a renowned teacher of piano to students of all ages. It is possible for short lessons or small group lessons to be conducted to introduce students to the required skills. Please contact Irina at the College on Fridays to negotiate times and fees for lessons.

**Booklist orders**
Our preferred booklist supplier, JI Paper, is currently delivering a number of resources that were not available at the time of book collections over the holidays. They are endeavouring to do this as quickly and efficiently as possible. They have also received some late orders from families who did not order their supplies during 2013. Due to the high demand for such resources at this time of year, JI Paper will do their best to provide goods in a timely manner but cannot guarantee same day delivery for late orders.

**Student ID cards**
Students in Years 9-12 will have the opportunity to receive a school ID card for use on public transport and other places where proof of age or identity are required. Those students who would like a card should see Mrs Cutting in the office to register their interest. The cards need to be produced and laminated so will be handed out in the days following a request.

**Brad Madden**
Principal

**Assistant Principal News**
It’s sort of funny how looking at the weather forecasts recently, I’ve found myself looking at a predicted 35º and thinking ‘that’s nice it’s not going to be hot tomorrow’. Don’t let your kids be tricked by the fact that although it’s not 45º, it’s still hot enough to be seriously sunburnt. With the swimming program kicking off, we need to ensure copious amounts of sunscreen accompanied by rashies and hats. There is also one guarantee that stands true each year. If it’s my turn to accompany students to the pool, it will be on the coldest February day.

Bus captains have been elected, as have SRC reps and we are in the process of selecting Sports and Sub School Captains. With this in mind all of these people will be officially welcomed to their leadership positions at the College Investiture which will be held in the gymnasium on Friday the 28th February. Please keep a spot on the calendar for this.

Bus Captains have recently been briefed about their important jobs. Most important for buses is obviously ‘safety’. Some rules which we are trying to tighten up on are as follows

- Buses will not be boarded until Junior Captains have marked names off rolls.
- No one is to walk across the central lawn during bus arrival or departure times. Parents collecting students should help us by observing this rule and modelling for all students to see.
- Bus Captains are not to become engaged in arguments with students on the bus. Bus captains shall direct students to complete reasonable requests, that ensure the good order of the bus, however ‘leave the yelling to me’.
- Bus captains forward details of misbehaviour to the office so that we can deal with issues as they arise.
- No one crosses a road until the bus is out of sight and the road is clear. Where possible, parents wait for students on the side of the road that the bus stops.
- Any issues about the buses should not be taken up with the bus company. Please ring me at the school.
If you are interested in your student travelling to our sister school in Turkey next year, please complete and return the sheet attached to this newsletter.

How’s this for late breaking news! Nathan, our assistant groundsman and past student of the college, drove the tractor at home the other day. This is awesome news for Nathan and we are all very proud of his progress. Make sure dad’s always there to help, Nathan. Good work.

Bring on the heat, I love it.

Mr Wilkinson.
Assistant Principal

**Education Maintenance Allowance 2014.**
Applications for the EMA are now open. Forms are available at the office. Please bring your Health Care Card with you (it must be valid as of the 28th January 2014) as a photocopy is needed at the time of application.

**To be eligible for the EMA:**

1. Your child must be under the age of sixteen; and

2. Your child must be enrolled at a primary or secondary Government or registered school in Victoria on, 28th February 2014 for the first instalment and 1st August 2014 for the second instalment; and

3. You must on **28th January 2014** for the first instalment and **14th July 2014** for the second instalment:
   - be a parent or legal guardian of the student; and
   - be an eligible beneficiary within the meaning of the State Concessions Act 2004, that is, a holder of Veterans Affairs Gold Card or be an eligible Health care card (HCC) or Pensioner Concession Card (PCC) holder or
   - be a foster parent.

4. Submit your application to the school by the due date:
   - 28th February 2014 for the first instalment*
   - 1st August 2014 for the second instalment.

* Please note: you only need to make a second application in August if your child changes schools between March and August.

The Pension Concession Card (PCC) or Health Care Card (HCC) is subject to electronic confirmation with Centrelink to verify that the cardholder is receiving a benefit.

**Please Note:**

Parents who submitted an early application back in 2013 but did not provide their Health Care Card must do so as soon as possible for the application to be processed. If unsure whether you have submitted your Health Care Card please contact the office.

**Conveyance Allowance.**
Parents who reside more than 4.8 kilometres from their nearest bus stop may be eligible for transport support (student must be attending their closest school). In these instances, students may receive a conveyance allowance to assist with travel costs. Application forms are available from the office.

Sue Cail
Business Manager
Senior School News

Congratulations Tessa Sexton & Lachy Twigg: School Captains 2014

I am very pleased and proud to announce that Tessa Sexton and Lachy Twigg will be our school captains for 2014. I am very excited about what these two fantastic young adults have to offer our school and community. Tess has recently returned from an international exchange in the USA where she was certainly challenged by the extreme weather conditions and the adventurous unknown of travelling to another country. To travel internationally is a wonderful experience, Tess has been fortunate to have already had a white Christmas (wow).

While Tess was having her car warmed up by her host father in the freezing artic conditions in the USA, Lachy was at the National Youth Science Forum learning all about every different kind of Science you can imagine and also having a little fun being a tourist in Canberra. Part of the reason Lachy wanted to attend this forum was to learn more about potential careers in the Science field. I have a feeling his idea of Science is now broader than ever. Hopefully, it has helped Lachy to experience a real life taste of several areas of interest.

Both Tess and Lachy are very approachable and friendly and would certainly welcome any students, parents or community members who wish to speak to them in their role as school captain.

Year 12 Breakfast

Thank you to all the parents, families and Year 12 students that supported our Year 12 breakfast last Friday. Guests were treated to a yummy bacon and egg muffin cooked by our lovely multi-talented Principal. The information provided related to conversations we have already started having with students about how the Year 12 staff can help the students to make this their best year yet. We discussed ways that students can utilise the smaller, friendly class sizes of East Loddon to their advantage, looked at our top ten study tips, had additional advice from Mr Rudkins and Mr Cameron and finished by sharing some parent advice. If you would like to discuss any of the content from our breakfast please let me know.

Free Revision lecture

Mastering the VCE: FREE revision lectures are being held at the University of Melbourne on Sunday 16th of Feb, Saturday 22nd of Feb and Sunday 23rd of Feb. I have placed flyers in the Year 12 room/Careers room for any Year 11 or 12 students that are interested. It sounds like a GREAT opportunity. Enrol online www.tsfx.com.au or alternatively call Ph 9663 3311

Congratulations Nathan Twigg & Nathan Pickles

Congratulations Nathan Twigg and Nathan Pickles. Late last week after much practice at signing their name and checking their date of birth and the like, they were signed up to School Based Apprenticeships in Agriculture and Horticulture. Both boys have chosen to gain employment locally with their family businesses. This will be a fantastic experience for the boys to build on their ever growing knowledge of the agricultural business and get a taste for the world beyond school. Well done, Nathan and Nathan.

Construction Industry Card (CIC)

Barry McKenzie our Workplace Learning Co-ordinator is offering for students who may be interested in attending the Construction Industry Card (CIC) course to attend a day long course at Charlton on Thursday 27th of Feb. The cost of the day is approximately $110 (this does not include transport costs). At this stage transport to and from the day will be dependent on student interest. Please see Mr Rudkins or myself promptly if you are interested in this course, as numbers are limited.

University of Melbourne

The University of Melbourne is running a special exhibition titled ‘Strength of Mind: 125 years of Women in Medicine’. I have read some of the literature about this and it is quite inspiring. The exhibition traces the history of women studying medicine in Victoria, from the first group of seven who fought to be students at the university in 1887. The exhibition is being held in the Medical History Museum and runs until March 22nd.
Victorian Conference Convenor of UN Youth Victoria

The Victorian Conference, “Be the Change”, is a residential event being held this term for students in years 10-12 designed to empower and educate them about global issues like poverty, global inequality and leadership. They’ll also discuss how students themselves can effectively deal with these issues and create change. Featuring guest speakers, young entrepreneur Hugo Lamb and youth leader Olly Tripodi, the conferences a great chance for students to become more engaged with important foreign and local issues, while participating in great activities like Model UN debating over the weekend.

Where: Oasis Youth Camp
When: March 7th – 10th
How much: $165 per student
Who: Any students in Year 10-12.
For more information and to register, visit: http://www.unyouth.org.au/vic/conference/
kellie.macnaughtan@unyouth.org.au

4R’s award: Cyan Norton
Cyan Norton from Year 9 is my first award recipient of the 4R’s award for 2014. I was greeted by her friendly smile at the canteen earlier this week. With the heat and all that intellectual development happening here, I have noticed the canteen line is a little longer than usual. It was a pleasant surprise to see Cyan volunteering her time at lunch. Well done, Cyan.

Year 9 & 10 Outdoor Ed: Canoe Camp
Wednesday 2nd April – Friday 4th April. More details to come closer to the time.
Thank you for your time, another hot week. I have managed to keep cool with my lovely Year 9 & 10 Outdoor Ed class by practicing capsizing our canoes in the res. We also spent some time on Wednesday working with Henry (thanks Henry) tidying up the res and surrounding area. It’s amazing I found rubbish from potentially the 90’s. We found old shoes, a couple of school hats, some golf balls and much more. Thank you also to the Outdoor Ed class for assisting with this tidy up.

Sarah Byrne
Senior-Sub School Leader
byrne.sarah.m@edumail.vic.gov.au

Middle Years Report
Sub-school Captain Elections
Sub-school captains will vie for election at this Friday’s Middle Years assembly and I am really excited to have 4 outstanding young people vying for this position. All four have taken the time to write speeches outlining the reasons why they would be suitable for the role and all four candidates have presented some very good points for the remaining students to consider when voting begins. The two students who are elected into this leadership position are required to be a good role model to the year 5-8 students on a daily basis and also play a large role in running sub-school assemblies, liaising with new students (particularly at the beginning of the year), and actively participating in public speaking requirements during College assemblies and special events.
I believe the position of sub-school captain provides an excellent platform for the development of many desirable attributes that help to lead to greater self-confidence and personal success and happiness in the future.
All the very best of luck to Ethan L, Sarah J, Jo C and Kate B in their endeavours to become a Sub-School Captain! We will inform you next week of our result!

SRC Representatives
I would like to congratulate all students in the Middle Years that put their names forward for a possible role with the College’s SRC. This in itself is a great thing, however, there can only be two students from each year level that get the chance to represent their class.
Congratulations and best wishes go to the following students for being elected as an SRC Representative-
Year 5 – Ben Collins and Bridget Baker
Year 6 – Hugh Cartwright and Sophie Hay
Middle Years Newsletter
A Middle Years Newsletter will be distributed to all students in the sub-school tomorrow. Please keep an eye out for this. The newsletter outlines some of the important dates for this term and requirements for each of the Middle Years classes such as homework days, sport days and teacher contact details.

Basic Organisational Requirements
Could all parents please make every effort to ensure that all students have the required booklist items at school ASAP. Most students arrive at the beginning of the year with all required items, but there can be occasional hold-ups with specific items. The need to remain organised is vital and occasionally students struggle with this after the first couple of weeks of school. Students must have basic items such as pens, pencils, a ruler, diary and scissors on a daily basis. All students also need to ensure that they have their sports uniform on days when they have physical education or sport classes. Please check with your child from time to time to ensure they still have all of these items.

Middle Years Compendium in 2014
Parents of students who are in the Middle Years Sub-School in 2014 would have noticed on their child’s booklist that there was a compendium to be purchased for use this year. After much discussion and viewing of the compendium in other schools, Middle Years staff decided to go ahead with this useful item across the whole of the Middle Years and aim to provide a great deal of emphasis on effective organisation during classes. The compendium could be likened to a document wallet that houses the students’ exercise books as well as some stationery, and allows for a greater focus on organisation to be pushed across the entire sub-school. Students will have their exercise books with them in all classes, which eliminates any possible need to exit the classroom due to having inadequate class supplies. Thankyou to all of the many students who have brought their compendiums in to classes already. Any family that is still to purchase a compendium, please endeavour to do so A.S.A.P. Thankyou!

School Diaries
It is great to see that most Middle Years students have a school diary in their possession, but it is equally important to make all parents aware of the need for all students to have one of these. Diaries should be taken to all classes, and they form a basis for communication between teachers and parents. Please ensure that your child has a diary, and that they are actively using them. It would be greatly appreciated if parents could look over and sign their child’s diary once a week.

Middle Years Swimming
Year 5 and 6 students will begin participation in the P-6 Water Safety Program on Monday February 10th. It is very important that all notes regarding this program are returned to school ASAP. Swimming will take place during set times each Monday, Tuesday, Thursday and Friday for the next two weeks, with the P-12 Swimming Sports being held on Friday February 21st. Year 7 and 8 students will also be attending the pool on Wednesday 12th and 19th during the same two week period. These students have also attended the pool today for their first session. I would like to extend a big thankyou to Mr John Clyne and Mr Eamon Smith who have put a huge amount of time and effort into this program. A thankyou is also extended (in advance) to the parents and family members who are assisting with sessions over the next two weeks!

Horrible Science Trivia
The year 7 class discovered some interesting science trivia while reading through “Horrible Science” magazines and have shared some facts below:
Ozone: these gas molecules are made of three oxygen atoms. They smell of new mown hay and were discovered when a scientist noticed a funny pong in his lab. Ozone kills germs. It also kills people if they breathe too much of it. Luckily most ozone is 25 km up in the air … protecting us from the sun’s rays and sun flares. (Anthony)
Mars has millions of rocks with silly names like “Yogi” and “Scooby Doo”! (Rylee and Aaron)
Some of the six-sided honeycomb cells in a bee’s nest hold runny honey. To make sure none spills out, the works make every cell on a slight inwards slope, using special sensory hairs to gauge the exact angle. (Tameka)
Wildebeest and fellow grazers drop piles of poop, providing nutrients to grow more grass to eat. (Lydia and Georgia)

Weight is a measurement of gravity. So if you were standing on scales in a lift and the lift's cable snapped and you started falling, the scales would say that you are weightless! (Macey)

Space food is really horrible! It's mostly dried and anything crumbly is covered in gelatine to stop the crumbs floating about. (Riley and Tommy)

There are more than 2800 types of snakes but only 300 make venom (poison) that harms people. Snakes inject poison through hollow fangs or along grooves in their fangs. The poison is made in special glands on the sides of the head. (Jasmine and Chelsea)

Skin is the heaviest part of your body and weighs a whopping 2.5-4.5 kg! (Nikkita and Chloe)

When you look at dirty underwear through the microscope you'll see that it hides all kinds of horrors. The fibres look like tangled spaghetti with lots of brown stuff and cornflakes in it. The brown stuff is bits of dirt and the cornflakes are bits of dead skin! (Nathan and Indi)

At sewage works, sewage is rotted down by a range of bacteria that eat the poo and paper. Head lice are NOT more likely to be found in dirty hair. Your eyelashes have their own 'mite-y' cleaning service. (Jess and Cooper)

People used to think you could cook an egg by wrapping it in a scarf and whirling it around your head. No one had tested this daft story until Galileo did an eggsperiment. They had eggs on their faces after! (Ethan)

Since 1880 German law has protected red ants' nests from destruction. Why? Because the ants from each nest eat an awesome 100 000 caterpillars and other ugly pests every day! (Jack)

Congratulations Georgia!

Last week I put a call out for good news stories involving our Middle Years Students and yesterday I spoke to Georgia P from year 7 about one involving her. Towards the end of 2013, Georgia entered the Loddon Shire Australia Day Writing Competition. Her topic was ‘Discoveries in Loddon’ and Georgia was awarded first prize for the Shire in the year 6 section. Fantastic effort, Georgia!

Georgia spoke highly of the Seven Steps to Writing Success lessons that last year’s grade 6 class completed with Mr Kidman, and she is certainly a very worthy winner. Her entry was as follows-

‘The Discovery of the Mysterious Room’

No one knew what was in there, whoever goes in, never comes out, and nobody ever found out what it really was, this is the discovery of the mysterious room.

East Loddon P/12 College. There was one room. One haunted room, and it was the maths store room behind the year 6 room.

The teacher was crazy, and never seemed to realize when another child mysteriously disappeared. His class got smaller, and smaller, and smaller, until there were only 6 left. He kept on sending in students. Either to get something or to practise for something, for example, a play. Every time a student walked past the door at the back of the class room, their faces turn white and they hurry back to their seat. There were tales that the children told, of a little girl going in that exact room 100’s of years ago, with a teacher, whom nobody knows, and only the teacher came out, and after that incident, people called it the haunted room.

If you looked in the window, all you could see was blackness, until something white flashes before your eyes, and you quickly run away. No one knew what it was, unless you happened to get sent in there, and today, it was my turn. My face turned white as the teacher called my name, and told me to get a calculator from the store room. I froze for a second, as my teacher stared at me with burning eyes, anyone who didn’t do what they were told, got taken away by the teacher and never seen again. So I did what I was told, and slowly got up from my seat. I felt like a million eyes were on me as I walked slowly towards the door, meanwhile I was trying to convince myself of all the good things that could be in there, but it didn’t seem to work. I stood in front of it, and felt the cool breeze on my legs, it made the hairs on my neck stick up straight, and my hand felt like I was lifting a 2 ton brick, as I raised my hand to open the door. The door handle felt like an ice brick, as I clenched my sweating palm around it, I stood there for a second, until I bravely opened the door a crack, and looked in. A rush of cold air made me freeze, but all I could see was blackness. Until something started pulling my legs into the room, I fell on my back, and let whatever it was drag me in. I looked around, but couldn’t see anything. I stood up, but as I did, I felt a cold breeze on my neck, I turned around, but saw nothing, it was all blackness, and the door had closed behind me, above the door, there was written-

NO TURNING BACK NOW.

it seemed like it was written with blood, cause it dripped down from the letters, and trailed down the wall, leaving a puddle of blood on the floor. I turned around and ran down a dark corridor, willing myself not to scream, cause who knows what was in here, not noticing the
next sign above the entrance of the long tunnel I was heading for, I ran down it, the sign reading—**YOU COME DOWN HERE, YOU’LL REGRET IT.** I ran and ran and ran, until I reached a dead end, on the wall at the end, there was yet another sign—**TURN AROUND** I did what it said, and slowly turned around. I opened my mouth to scream, but nothing came out, all I thought in my head was—it’s that girl! She was a ghost with completely white skin, but blazing red eyes, just like the teacher back in the classroom! So it must be the teacher who took this girl into the room, and the teacher has been alive ever since, so he must be a vampire, who made this girl into a vampire, so she could do this to people! I had no time to think anymore, for she grabbed my throat with and icy cold hand, and everything went black.

**Contact with the College**

Parents are encouraged to keep in close contact with the College so that we are able to assist students with specific issues as they arise. Please feel free to contact class teachers with specific issues relating to particular learning activities. For general concerns or issues, please contact your child’s Home Group teacher or myself.

**Good News Stories!**

I would love to hear from any students, families or school community members who have good news stories involving any of our Middle Years students. Whether it be a student passing a music exam or swimming level, or someone assisting with a community group, it would be great to have the chance to acknowledge the fantastic things that our students do. Please pass information on to me at leed.steven.a@edumail.vic.gov.au so that it can be published in this Newsletter.

**Have a fantastic week!**

Steven Leed – Middle Years Leader

**P-4 Update**

**Building Strong Foundations**

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<tr>
<td>PREP Keira</td>
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<tr>
<td>YEAR 1 Drew</td>
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<tr>
<td>YEAR 2 Harvey</td>
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<tr>
<td>YEAR 3 Adam</td>
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<tr>
<td>YEAR 4 Rhys</td>
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**You Can Do It!** *(Organisation)*

Prep – Zac
Year 1-Joseph
Year 2- Hollee
Year 3 –Jade
Year 4- Blake

**Prep Letter in Focus –S s**

**Prep Words to Fluency** -I am
**Prep Testing**
Mrs Lister has commenced the Prep testing in Literacy and Numeracy and this process will continue to take place on the Wednesday ‘rest’ days.
Please remember to put your child’s appointment on your calendar.

**Parent/ Friends of the College Volunteers**
Studies clearly indicate that the most successful learning takes place when teachers and parents work closely to help children to achieve their goals. Our College has an ‘Open Door’ policy and welcomes parents into the College community. Currently we are looking for volunteers to assist with our swimming program at Mitiamo Pool. We would appreciate even a few hours once a week. Once the program is finished and the students have settled back into routine, staff would warmly invite parents to assist in the classroom. Please let your child’s teacher know if you wish to help out at school and how frequently you are able to do so. It’s a great way to learn more about different aspects of your child’s program which you are then able to further support at home.

**Swimming Reminders**
Please remember to organise ‘sunsmart’ bathers and sunscreen for this coming week. The Year1/2 and Year 4 classes will be swimming during the lunch break and will possibly need larger lunches- half to eat around 11:30 and the remainder for their return (approx. 2pm). If you have not yet done so, please return Permission forms tomorrow, Friday 7th Feb. If you are collecting your child from the pool, last session only, please remember to send a note to school in the morning.

**Tremendous Start With Home Reading**
Thanks to everyone on the incredible start with the home based reading. Reading is one of the keys to success, allowing students to access success in other areas of learning; and it is one of the most important investments you can make in your child’s life. Please keep it up and watch the amazing benefits that flow from it.

**Timetables**
By now, most students will have received their class timetables. These will need to be flexible for the next two weeks as students will be heading off to the pool at different times. While Literacy and Numeracy will largely remain ‘intact’ some other classes will be replaced by swimming classes. This will particularly impact on specialist times.

**Spare Supplies**
Please send any spare pencils, glue sticks etc to school if your child has not already brought them along. They should be clearly named and placed in a small clear plastic bag, preferably sealable like the ones used for lunches or for coins. Write the name on the bag and send it along. Teachers will store your child’s additional supplies in a spare locker in their storerooms and hand them out as needed. This avoids an unnecessary delays when your child needs a new pencil. Any remaining pencils will be sent home at the end of the year.

**Tissues**
We ask that each child brings along a box of tissues to be used at school. One box will be open at a time and anyone can grab a tissue as needed. A shared supply makes a lot more sense than having 23 boxes all open at the same time.

**Lunches/ Snacks**
Thanks to everyone for going to so much trouble to provide healthy lunches and snacks. Healthy food that breaks down slowly provides a gradual release of energy and sustains concentration for a longer period, improving learning opportunities. It’s okay to provide a special treat on occasions but it does need to be seen as such, not a regular. This helps children to develop healthy attitudes to food and eating. Please make any food allergies known to your child’s teacher asap.

Peter Vernon

P-4 Co-ordinator

**Victorian State Schools Spectacular!**
In 2014, our school has the opportunity to be involved in the Victorian State Schools Spectacular held in Melbourne in September as part of the mass choir. Unfortunately, I can only take 10 students, from year 3 to year 10. You may have heard about the Spectacular from your student as I had a meeting today about it to gain
expressions of interest. If your child is keen to participate and commit to rehearsal time and practise, but missed today's meeting, then please get them to contact Mr Madden or myself with their interest. The Spectacular involves some lunchtime practise, a few days in Melbourne for cast rehearsal and some small financial cost for participants. More details will be available at a later date in the newsletter.

Thanks, Lynda Cartwright

**What can parents and carers do to help their child’s asthma at school?**

- If your child is self-managing their asthma, or capable of taking their asthma medication independently, ensure that your child is always carrying their reliever medication (e.g. Ventolin, Asmol, Airomir and Bricanyl) as well as a spacer while at school
- Ensure that you have provided the ladies in the office with an updated Asthma Action Plan
- Ensure that your child knows how to recognise early symptoms of an asthma attack and check to make sure they are using their reliever medication properly
- Ensure your child will seek help from staff if they experience asthma symptoms
- Ensure that your child’s asthma is being well managed and that their medication and management is reviewed annually by your GP (this is a good opportunity to also update the Asthma Action Plan required by your child’s East Loddon P12 College)

For more information, please contact The Asthma Foundation of Victoria on 1800 278 462 or www.asthma.org.au or alternatively, please feel free to contact School Nurse/Asthma Educator, Denise Leed at the College.

**Canteen News**

Thanks to everyone who has returned their volunteers forms this year. If I haven’t received it yet, I have gone on last year’s availability. We are asking volunteers to do two turns per term this year to help keep our canteen open every day. We appreciate the time everyone puts in when volunteering to do their turn on canteen and without everyone helping out, our canteen would struggle to run, so Thank You again for volunteering.

**Please Remember - If you cannot do your rostered turn, please arrange your own swap with someone else.** If there are any problems or concerns, or you need to update your availability, please contact me.

**Please note:** we will now be selling Pepsi products instead of Coca Cola products. Remember to make sure you clearly label lunch orders with child’s name and year level. This makes it a lot easier for volunteers!

**Jo Guthrie**

Canteen Coordinator

ajguthries@bigpond.com or 0428 366 220

**Canteen Roster – TERM 1 2014**

<table>
<thead>
<tr>
<th>Friday 7th</th>
<th>Penny Cockerell</th>
<th>Lynda Cartwright</th>
<th>Monday 17th</th>
<th>Robyn Falls</th>
<th>Margaret Hocking</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 10th</td>
<td>Delwyn Collins</td>
<td>Sue Holt</td>
<td>Wednesday 19th</td>
<td>Julia Roulston</td>
<td>Kylie Addlem</td>
</tr>
<tr>
<td>Tuesday 11th</td>
<td>Sue Pickles</td>
<td></td>
<td>Thursday 20th</td>
<td>Sue Pickles</td>
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<tr>
<td>Wednesday 12th</td>
<td>Mel Primrose</td>
<td>Jo Guthrie</td>
<td>Friday 21st</td>
<td>Belinda Clymo</td>
<td>Lynda Cartwright</td>
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<tr>
<td>Thursday 13th</td>
<td>Michelle Diss</td>
<td></td>
<td>Monday 24th</td>
<td>Delwyn Collins</td>
<td>Jacinta Hicks</td>
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<tr>
<td>Friday 14th</td>
<td>Carol Jackson</td>
<td>Mel Robinson</td>
<td>Tuesday 25th</td>
<td>Sue Pickles</td>
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<tr>
<td>Monday 17th</td>
<td>Jacinta Hicks</td>
<td>Margaret Hocking</td>
<td>Wednesday 26th</td>
<td>Jo Guthrie</td>
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<td>Tuesday 18th</td>
<td>Sue Pickles</td>
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<td>Thursday 27th</td>
<td>Sue Pickles</td>
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<tr>
<td>Wednesday 19th</td>
<td>Julia Roulston</td>
<td>Tania Twigg</td>
<td>Friday 28th</td>
<td>Rachel Hay</td>
<td>Jodie Demeo</td>
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<tr>
<td>Thursday 20th</td>
<td>Sue Pickles</td>
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<td>Monday 31st</td>
<td>Sue Marlow</td>
<td>Robyn Gamble</td>
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<tr>
<td>Friday 21st</td>
<td>Wendy Twigg</td>
<td>Natalie Rose</td>
<td>Tuesday 1st</td>
<td>Sue Pickles</td>
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<td>Monday 24th</td>
<td>Jodie Demeo</td>
<td>Robyn Gamble</td>
<td>Wednesday 2nd</td>
<td>Mel Primrose</td>
<td>Sheryl Addlem</td>
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**APRIL**
<table>
<thead>
<tr>
<th>Date</th>
<th>Teacher 1</th>
<th>Teacher 2</th>
<th>Date</th>
<th>Teacher 1</th>
<th>Teacher 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 26th</td>
<td>Nicole Hocking</td>
<td>Sheryl Addlem</td>
<td>Thursday 3rd</td>
<td>Sue Pickles</td>
<td>Judy Mountjoy</td>
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<tr>
<td>Thursday 27th</td>
<td>Sue Pickles</td>
<td>Jennifer Drust</td>
<td>Friday 4th</td>
<td>Judy Mountjoy</td>
<td>Penny Cockerell</td>
</tr>
<tr>
<td>Friday 28th</td>
<td>Rachel Hay</td>
<td>Jenny Drust</td>
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**MARCH**

<table>
<thead>
<tr>
<th>Date</th>
<th>Teacher 1</th>
<th>Teacher 2</th>
<th>Date</th>
<th>Teacher 1</th>
<th>Teacher 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 3rd</td>
<td>Sue Marlow</td>
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<tr>
<td>Tuesday 4th</td>
<td>Sue Pickles</td>
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<tr>
<td>Wednesday 5th</td>
<td>Michelle Diss</td>
<td>Tania Twigg</td>
<td>Thursday 6th</td>
<td>Sue Pickles</td>
<td></td>
</tr>
<tr>
<td>Friday 7th</td>
<td>Mel Primrose</td>
<td>Judy Mountjoy</td>
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<tr>
<td>Monday 10th</td>
<td><strong>PUBLIC HOLIDAY</strong></td>
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<td>Tuesday 11th</td>
<td>Sue Pickles</td>
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<tr>
<td>Wednesday 12th</td>
<td>Jo Guthrie</td>
<td>Wendy Twigg</td>
<td>Thursday 13th</td>
<td>Sue Pickles</td>
<td></td>
</tr>
<tr>
<td>Friday 14th</td>
<td>Kaye Leech</td>
<td>Natalie Rose</td>
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</tbody>
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**For Sale**

For sale 2 Green and Gold Polo tops $20 each and 1 Black and White Polo top $20 all size 6. They have all been washed, but haven’t been worn. If you are interested please contact the Office.

**2015 Sister School Visit**

I would be interested in receiving more information that explains details of a proposed visit to Turkey in April 2015.

As a price guide, similar trips with all accommodation and most food, bus travel and transfers included, have been quoted at $2500 plus international airfares.

We may be able to offset costs by spending some time with host families from our Sister School in Cannakale and also by fundraising.

Name: __________________________________________________________

Students name: 
Current Year Level: ____ Contact number: _______________________

**Active After School Communities – Tennis**

Tennis sessions will be held at the College from 3:30 to 4:30 pm on the following dates.

Dates: Thursday February 13 through to Thursday March 27.

**Permission Form**

I give permission for ............................... to attend the Zumba sessions from Thursday February 13 through to Thursday March 27.

No equipment is required and there will be no cost.

I will arrange transport for my child/ren at 4:30 pm at the conclusion of the session.

Signature: Date: 

Other relevant information: